

*Nurse Practitioner-Led Clinics*

*Cliniques dirigées par du personnel  
infirmier praticien*

# Panel 3: Tackling the crisis in primary care while building an upstream health system

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# Objectives

- To provide a high level overview of the Nurse Practitioner Role
- The number of RPNs, RNs and NPs in Ontario
- NPLC model
- The number of NPLCs in the province & Number of patients served
- NPLC outcome metrics

# The Role Nurse Practitioners in Ontario

- Nurse Practitioners (NPs), also known as Registered Nurses in the Extended Class, begin their nursing career as Registered Nurses and become NPs with an advanced graduate education degree (i.e. Masters degree) as well as additional nursing experience and exam requirements. They work independently but are most often found working as key members with an integrated health care team.
- Nurse Practitioners have the competence to:
  - Diagnose Conditions
  - Perform Comprehensive Assessments
  - Order Tests
  - Prescribe Medications
  - Provide Specialist Referrals
  - Develop Treatment Plans
  - Provide for Most of Your Health Care Needs

# Ontario Nursing Licenses

November 2023 CNO Numbers at a glance

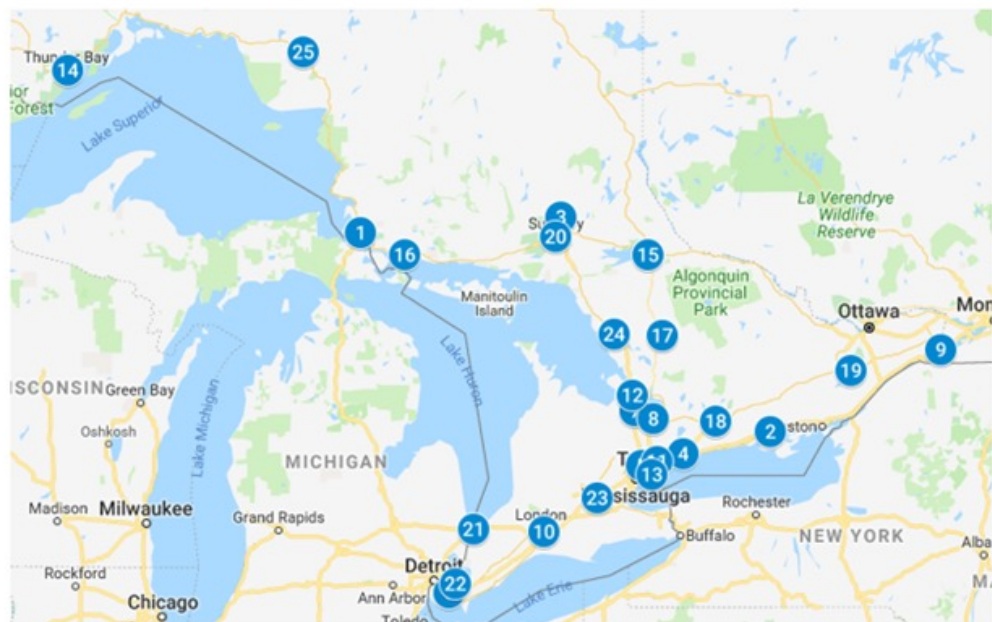
- 125,632 RNs
- 60,916 RPNs
- 5,051 NPs
  
- NPs make up just under 4% of the RNs in the province
- 78% are registered in Primary Care
- There are also Adult Acute care (775) and Pediatric (282) NPs – primarily working in hospitals
- Scope of Practice is expanding for all levels of professionals
- Professionals working in teams provide excellent high quality health care

College of Nurses of Ontario: <https://www.cno.org/en/what-is-cno/nursing-demographics/registrant-statistics/>

# Nurse Practitioner-Led Clinics

- Nurse Practitioner Led Clinics are an innovative model for delivery of comprehensive primary health care in Ontario and Canada. The model is designed to improve access to care for the thousands of individuals and families who do not currently have a primary health-care provider.
- One of the unique aspects of the model is the incorporation of nursing leadership within an interprofessional team.
- There are 25 NPLCs across Ontario serving approx. 100,000 clients
- NPLC Team complement is determined by community needs:
  - NPs as the PCP
  - RNs and RPNs working to full scope of practice
  - Registered Dietitians
  - Registered Social Workers- some with Masters
  - Pharmacists
  - Physiotherapists
  - Health promoters
  - Quality Improvement and Information Management Specialist (QIIMS) (3 for all 25 clinics)

# NPLCs Across Ontario



- |                                 |                                      |
|---------------------------------|--------------------------------------|
| 1) Algoma                       | 14) Lakehead                         |
| 2) Belleville                   | 15) North Bay                        |
| 3) <del>Capreol</del>           | 16) North Channel                    |
| 4) CMHA Durham                  | 17) North Muskoka                    |
| 5) <del>Emery-Keeleisdale</del> | 18) Peterborough 360                 |
| 6) Essex County                 | 19) Smith Falls                      |
| 7) Georgian                     | 20) Sudbury District                 |
| 8) Georgina                     | 21) Twin Bridges                     |
| 9) Glengarry                    | 22) VON                              |
| 10) Health Zone                 | 23) Waterloo                         |
| 11) HF Connecting Health        | 24) West Parry Sound Health Centre   |
| 12) <del>Huron</del>            | 25) White River (Northern Neighbors) |
| 13) Ingersoll                   |                                      |

# Outcomes

- All NPLCs hold an Evergreen Agreement with Ontario Health
- They report to OH Quarterly and provide both an Annual Operating Plan and Audited Financial Statements
- Develop and submit annual Quality Improvement Plans – OH- Quality Division
- NPLCs score above the Ontario average on all standard quality indicators
  - 94.3% of Patients feel involved in their care vs the Ontario average of 86.4% (NPAO.org)
  - 94% - Rate of overall experience with the clinic- Excellent or Very Good (GNPLC, 2023)
  - 92%- Yes: Got an appointment on the day you wanted or within an acceptable timeframe? (GNPLC, 2023)

# Community Integration

- NPLCs are exceptionally skilled at developing and maintaining networks of community partners and support agencies
- 200 external health care agencies directly linked to Ontario's NPLCs in collaborative care provision relationships
- NPLCs are viewed as community leaders for providers to work to full scope and the realization of quality health outcomes for clients



# Questions?

